

RENESSA BOLEY

Getting Personal



When I was a little girl, I wanted to be a news anchor, a fashion magazine editor, a Dallas Cowboy cheerleader and a Solid Gold Dancer.

(Yes – I’ve dated myself with the Solid Gold Dancer, and it’s debatable from my 1984 “big girl outfit whether or not I had fashion in my future! Lol)...

But, somehow along the way I adopted someone else’s dream of becoming an industrial engineer, a management consultant, a fast-rising “hypo” generating millions of dollars for a company, a real estate investor and other interesting (and not so interesting) roles.

Across over 15 years of searching, I trudged through life wondering, with a twinge of guilt, “There’s got to be something more than this. I hate this. I really think I hate this.”

With all the trophies and accolades, the promise and potential, I managed to amass stress-related chronic fatigue, a mind & body that could not relax and a rack of “gratitude lists” for all the things I wanted to assure myself that I was grateful for. I loved God, had a family that loved me, friends that accepted me, activities, service and adventures, but at the core was a gnawing spirit of discontentment. I went to the “best” school, made the “right” choices, worked for the “best” companies, yet as an old country song would say, “I was knee-deep in a river dying of thirst.” With blessings enough to last two lifetimes, how could there be such a war raging inside? The problem: I was making a living, but I wasn’t living my life. I was floating along, making the best decisions I could in the moment, but never thinking to stop and evaluate whether or not the person I was becoming was who I wanted to be or who I was designed to be.

...And then, I quit. I quit the career. I quit the rat-race and embarked on a multi-year journey that answered the call of over a decade’s quest for personal transformation. It was the scariest, most challenging, most exhilarating, most liberating experience. It transformed me into the person I needed to become to attain what I wanted, and it awakened in me the passion to navigate others through the process of designing their own lives and squeezing the juice from it! I bring the unique perspective of having felt the same confusion, fear, doubt, self-sabotage and ego that rises up when you dare to design your own life coupled with a bottom-line business mind that values the effective tools that leads to change and results FAST!



You see, there are no gold medals in life for suffering unnecessarily – whether that’s sticking with a job you hate, being a relationship that sucks or living with a body that’s less than luscious. And there’s also no glory in taking longer than you need to get where the heck you want to go!

From your pain often comes your passion, from your frustration comes your future, and in your angst you will find your authentic self. So, if you’re confused & frustrated, you’re at the right place. If you’re afraid to take the next step, that’s ok. Because the good news is this: when you’re finally ready to do it, I’m your fastest way to DONE! I look forward to enjoying the ride with you!